

HIGH DESERT DOG

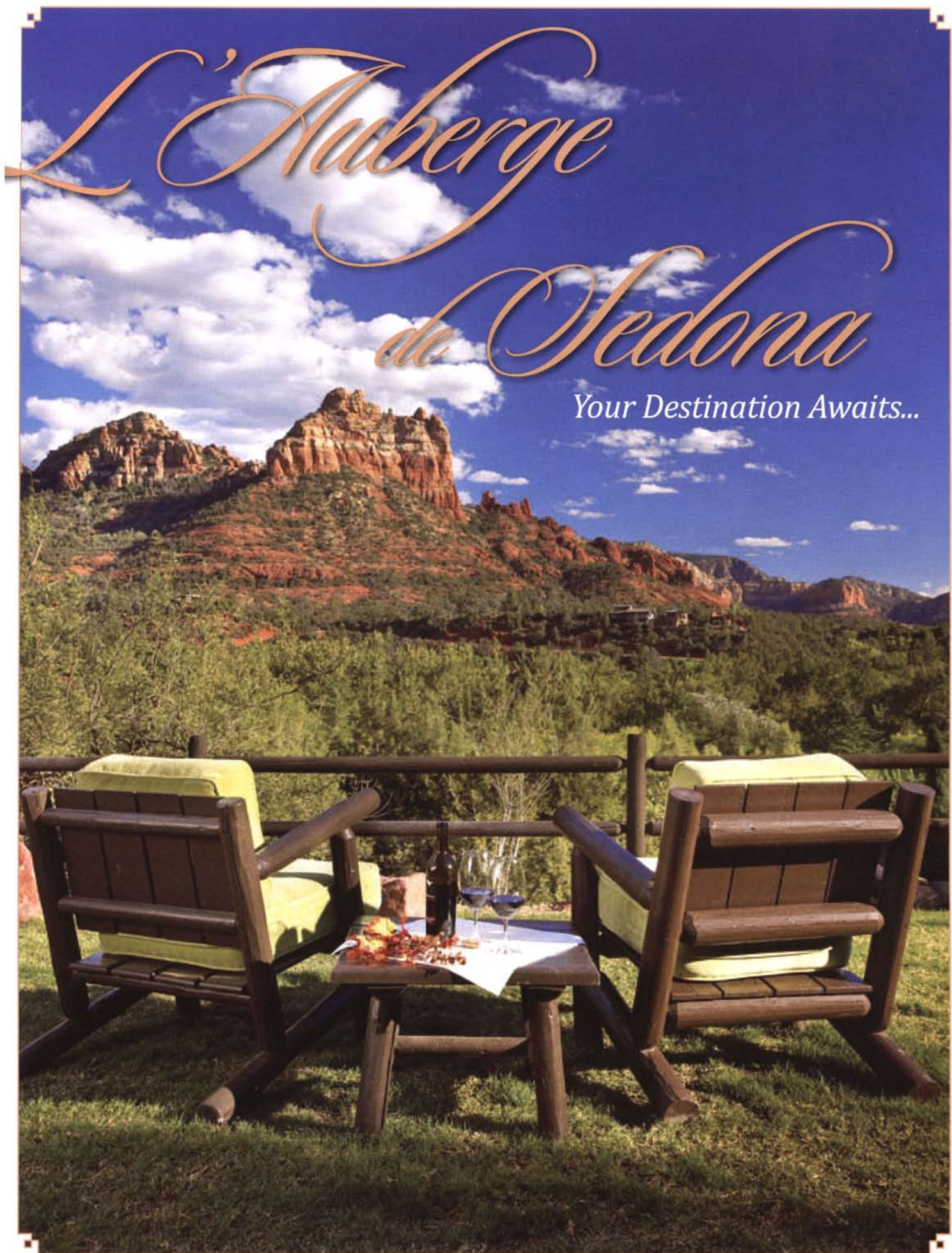
FEBRUARY - MARCH 2011

MEET VOODOO!

The High Desert Dog
Cover Contest Winner

DOG FIGHTING IN NEW MEXICO





L' Auberge

de Sedona

Your Destination Awaits...



Photos Courtesy of L'Auberge de Sedona


Upon arriving at the L'Auberge de Sedona you will be immediately greeted by the friendly and helpful valet staff, who are eager to help with the transition from your car to your room. Dogs are not only welcomed but are accepted as part of your family. Although there are a variety of rooms offered at this resort, the cottage rooms are exceptional for a visit with your dog. Cottage rooms offer a perfect setting for either a romantic getaway or as a family destination because it fuses the outdoor cabin lifestyle with luxury. If you arrive at your room later in the evening, you'll find that the bed is turned down with complimentary chocolates on your pillow along with bathrobes at the foot of the bed, a prepared fireplace with extra firewood and kindle next to the door outside, candles on the mantle ready to be lit, soft classical music playing, and a dog bed along with a beautiful ceramic bowl awaiting your pet's arrival. Your pet will also receive a goodie bag that contains

a toy, treats, clean-up bags, and a map of the nearby walking trails. It's nice to know that each cottage has its own entry way, outdoor patio with sliding doors, and large windows that not only provide additional views but brings nature with you inside.

The award winning resort is tucked away just around the corner from the heart of Sedona and the main shopping district. Nestled on the banks of Oak Creek, the L'Auberge de Sedona provides a peaceful French country charm that comfortably intergrates both indoor and outdoor living. Take some time to indulge in the spa. The spa menu has a wide range of services that provide healing of mind, body, and spirit. It is definitely a place of complete relaxation and rejuvenation. Another way to unwind and feel energized is by attending the daily yoga classes which are offered each morning at 8am. However, don't head out the door without making a stop for the complimentary coffee, tea, hot chocolate, and scones offered in the morning. It's suggested that you get there early, before the scones are all gone. The resort has other activities that occur on a regular basis such as



the duck feeding each morning. It's a nice family activity that is great for the young as well as the young-at-heart. On Sunday morning, a Champagne Brunch is offered and reservations are recommended. If early morning is not for you, feel free to order room service. There's nothing better than having breakfast in bed.

After you get on with your day, be sure to return for a cocktail and then dinner. Reservations will guarantee a table, so plan ahead. The award-winning Four Diamond L'Auberge de Sedona Restaurant on Oak Creek is exquisite. The service is impeccable. Because it ranks with the area's top wine program, Wine Spectator has given this restaurant the "Award of Excellence" 19 consecutive times. The L'Auberge Restaurant on Oak Creek offers fine dining at its best. If you have an early dinner on Tuesdays and Thursdays you'll have time to see astronomer Dennis Young afterwards. He gives a basic insight into the sky with his spectacular presentation of star gazing. Having the opportunity to catch such rare glimpses into the night sky is not something that you'll want to miss. To find out more call the hotel ahead of time or visit www.sedonastarlight.com. To find out more about planning your stay at L'Auberge de Sedona, call the toll-free number 800-905-5745 or go online to www.lauberge.com. 



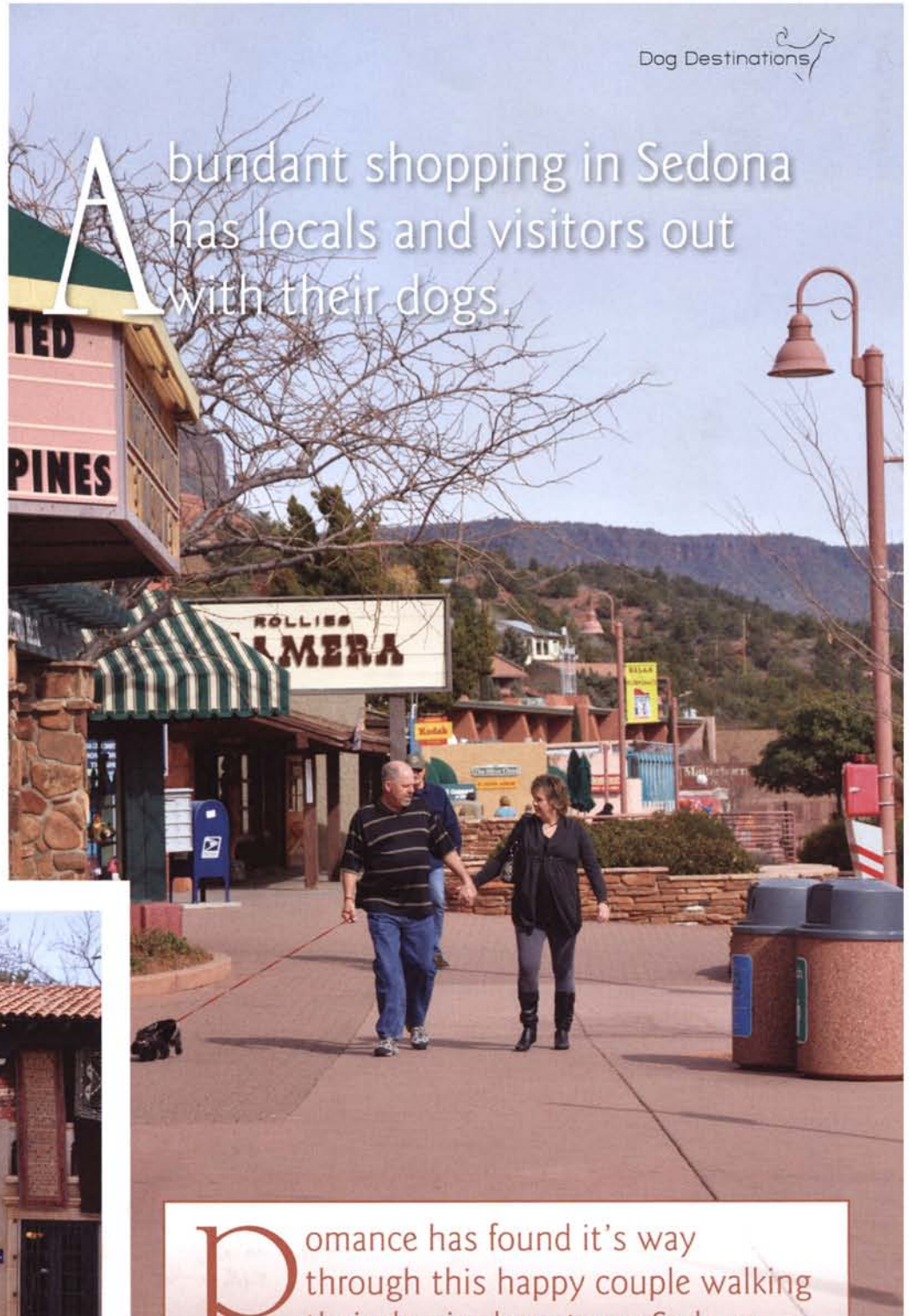
L'AUBERGE DE SEDONA
INN • SPA • RESTAURANT



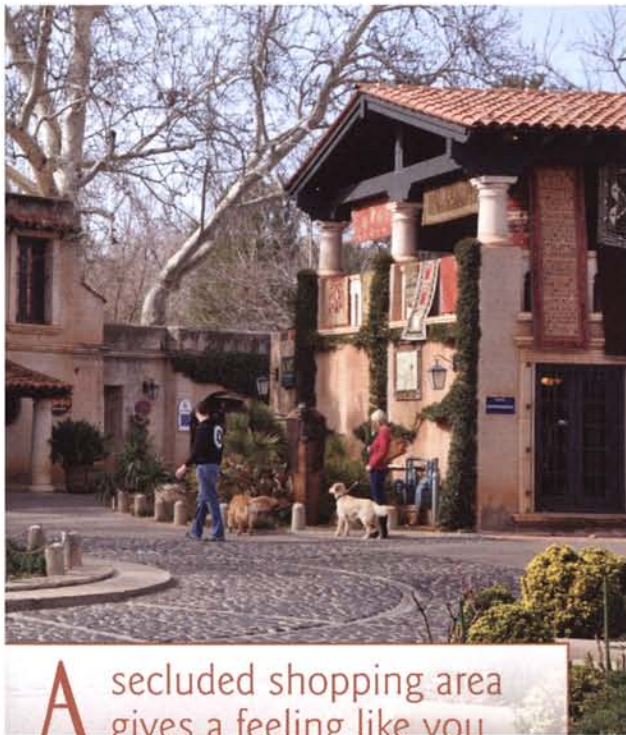
Sedona is...

an area that lies within the northern Valley Verde region of Arizona. The main attraction for those visiting Sedona is the red sandstone formations, otherwise known as the Red Rocks of Sedona. Upon sunrise and sunset, these red rock formations appear to glow bright orange or red in color. Many people come to Sedona for the hiking or mountain biking trails while others visit for more spiritual reasons. There's a large New Age community that brings a variety of alternative healing practices to Sedona. People come from all over the world to experience the metaphysical energy from one of the four vortices. A vortex is a funnel of fluid or energy that spirals around and an example would be a tornado. However, the vortices of Sedona have more of a subtle energy that comes from the earth and when you stand within a certain distance of the vortex you may feel that energy resonate with your inner being. This occurs because the energy from the vortex is similar to the operating energy within each person. The four vortices that are found in Sedona are the Airport Vortex, Red Rock Crossing/Cathedral Rock Vortex, Boynton Vortex, and Bell Rock Vortex. Other outdoor activities include camping, fishing, horseback riding, golf, tennis, star gazing, and recreational tours. In addition to outdoor activities, Sedona has wonderful art galleries, theatres, restaurants, annual festivals, and community held events. With mild winters and cool summers, Sedona is a year-round vacation must." 🐾





A bundant shopping in Sedona has locals and visitors out with their dogs.



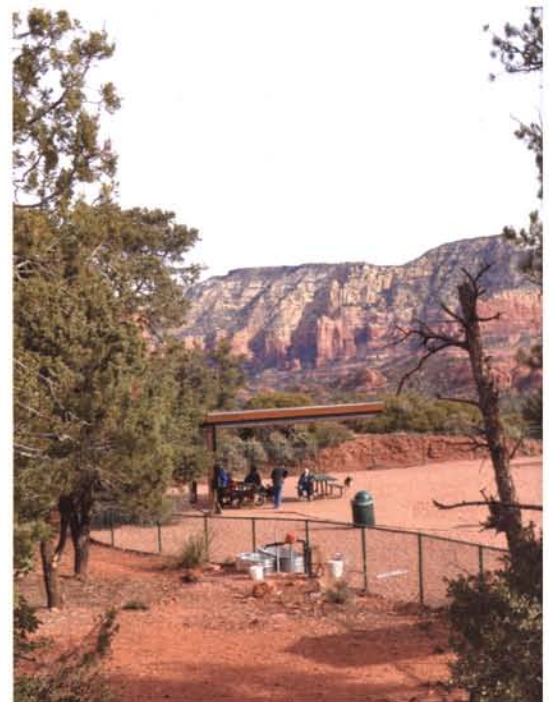
A secluded shopping area gives a feeling like you are in another world.

Romance has found it's way through this happy couple walking their dog in downtown Sedona



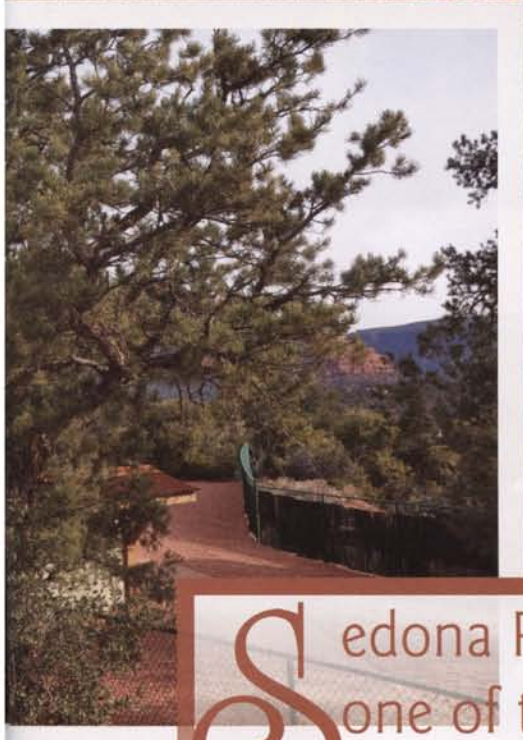
The Sedona Dog park

an offleash dog park that all dogs seem to love! People seem to keep a close eye on their dogs to be sure that all dogs are getting along and having a good time. Some of the features of this dog park include water, bowls, shaded area, and the park is completely fenced in. It's also a well maintained park that the community takes pride in. Off the park are hiking trails that can give an additional workout for you and your dog. This is one location that you don't want to miss when visiting Sedona with your dog. 🐾



Hiking along the trails alongside the Sedona Dog Park

is...



Sedona Park from the top of
one of the hiking trails



There are so many hiking trails in Sedona that are dog friendly. One trail that happens to be one of the easier vortex sites to get through is Boynton Canyon. It is a good 2.5 mile hike that is quite scenic and dogs do need to be on a leash. Another trail that you should plan to hike when you visit is Bell Rock. This is another one of Sedona's spiritual vortex locations but the hike isn't very long, roughly 3.7 miles and is considered to be more of an easy/moderate hike. When hiking on this path be sure to keep your dog on a leash.



Humane Society of Sedona



Daily yoga at L'AUBERGE de SEDONA